



### Important Reminder:

# Get trusted support for medical issues... every step of the way



Dealing with a serious health issue—or getting a diagnosis you don't understand—can be hard on you and your family. Health Advocate's team of healthcare experts is here to help you get the care you need, and peace of mind knowing your diagnosis and treatment are on target.

### An entire team by your side—at no cost to you

Call anytime for support from our team of medical directors, registered nurses and other experts—professionals with extensive experience working with leading institutions and supporting complicated medical issues. They can:

- **Help** you understand diagnoses and evaluate treatment options
- **Research** and identify the most advanced approaches to care
- **Arrange** appointments with physicians and specialists, anywhere in the U.S.
- **Locate** and evaluate “best-in-class” physicians and medical centers for second opinions
- **Transfer** medical records, lab results and X-rays
- **Communicate** with your doctors to ensure your needs (and the needs of your family) are met
- **Help** coordinate care and services during and after a hospital stay
- **Provide** end-to-end support during all phases of care

### Available to the whole family

You, your spouse, dependents, parents and parents-in-law can all take advantage of our personalized services. Your medical and personal information will be kept completely confidential.

Turn to us—we can help.



**866.695.8622**

Email: [answers@HealthAdvocate.com](mailto:answers@HealthAdvocate.com)  
Web: [HealthAdvocate.com/members](http://HealthAdvocate.com/members)

Download the app today!



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