



# Eldercare Services

Caring for a loved one comes with rewards and challenges. There's often not enough time in the day for working adults to manage all aspects of their busy lives including work, personal, and caregiving responsibilities. However, you are not alone if you are the primary caretaker for an elderly or disabled family member.

Carebridge Eldercare Services are available to assist you. You have unlimited access to confidential consultations with experts. Resources and referrals in the following areas can also help you find the right care for your loved one.

*Assisted Living*

*Home Health Care*

*Hospice*

*Adult Day Care*

*Alzheimer's/Dementia*

*Support Groups*

*Elder Law*

*Estate Planning*

*Medicare/Medicaid*

Carebridge Services are available to covered employees and their families at no cost. Contact Carebridge at **800.437.0911** or **[clientservice@carebridge.com](mailto:clientservice@carebridge.com)**, 24 hours a day, 7 days a week. Visit **[myliferesource.com](http://myliferesource.com)** for additional information. All services are confidential.



***Excellence in Employee Support Services***

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