

Devereux's Chance of a Lifetime - Living Healthier Contest

Have you and/or your spouse or domestic partner had any of the following preventive care screenings between October 1st and now, or will you be receiving preventive care before September 30th?

- **Breast cancer (mammogram)**- 1 exam covered each calendar year beginning at age 40
- **Cervical cancer (Pap Smear)**- 1 exam covered each calendar year beginning at age 50
- **Colorectal cancer (colonoscopy)**- 1 exam covered every 10 years beginning at age 50
- **Prostate cancer (exam/blood test)**- 1 exam covered each calendar year beginning at age 50
- **Diabetes (blood test)**- 1 test covered every 3 years beginning at age 45 years old
- **Physical exam**- 1 exam covered every two calendar years if 22-39 years old, 1 exam covered every year if 18-21 and beginning at 40 years old.

Not only will you earn 5 to 10 points for the Health and Wellness Program (which also includes the flu vaccine), **you no longer have to submit information to qualify. Anyone who receives any of the above screenings will have a chance to win!**

What's the prize?

Single qualified employee portion of medical coverage for 2020!

Why is Devereux Advanced Behavioral Health offering this prize to **one employee at each Center**? Preventive care is very important and we want to ensure that all employees with a Devereux plan are taking advantage of the commonly recommended screenings listed above.

Entries are due by Monday, October 14, 2019. For Living Healthier Contest guidance and entry rules, contact your HR department or Jelsy Kravatz at jkravatz@devereux.org.

