Coverage Period: 01/01/2019 - 12/31/2019

Summary of Benefits and Coverage: What this Plan Covers & What it Costs
Coverage for: Individual/Employee + Child/Employee + Spouse/Family
Plan Type: Closed Panel PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document for medical prescription drug and behavioral/substance abuse coverage at www.ibx.com or by calling 1-800-ASK-Blue.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	For participating providers \$2,400 individual/\$3,600 EE+ Child/\$4,800 EE + Spouse or family. Deductible may not apply to all services. See your cost information on page 2 for specific details.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1 st). See the chart starting on page 2 for how much you pay for covered services after your meet the <u>deductible</u> .
Are there other deductibles for specific services?	Yes, Bariatric Surgery has a 50% Deductible and no Out of Pocket Maximum.	Yes, you have a different deductible for Bariatric Surgery.
Is there an out-of- pocket limit on my expenses?	Yes. For participating providers \$3,640 Individual/\$5,460 EE + Child/\$7,280 EE + Spouse or family. Bariatric has no OOP.	The <u>out-of-pocket limit</u> is the most you could pay during a policy period for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums, out of network charges, health care this plan doesn't cover, Bariatric Surgery and penalties for failure to obtain precertification for services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers?	Yes. See www.ibx.com/find_a_provider or call 1-800-ASK-BLUE for a list of participating providers.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out of network provider for some services. Plans use the term in-network, preferred or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .

Questions: Visit Health Advocate at www.HealthAdvocate.com/members or call 866-695-8622.

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Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 4. See your policy or plan document for additional information about excluded services .



- <u>Co-payments</u> are fixed dollar amounts (for example, \$20) you pay for covered health care, usually when you receive the service.
- <u>Co-insurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>co-insurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan provides no out of network coverage unless it is for emergency services.

Common	Services You May Need	Your cost if you use an		
Medical Event		In-network Provider	Out-of-network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visits to treat an injury or illness	20% after deductible	Not Covered	none
	MD LIVE Telemedicine	20% after deductible	Not Covered	none
	Specialist visit	20% after deductible	Not Covered	none
	Other practitioner office visit	20% after deductible	Not Covered	none
	Preventive care/screening/immunization	\$0 Copayment, no Deductible	Not Covered	Call Health Advocate at 866-695-8622 for a schedule of benefits.
If you have a test	Diagnostic test (x-ray, blood work)	20% after deductible	Not Covered	There is no cost for diagnostic services received in the Emergency Room or during a doctor's office visit.

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Common		Your cost if you use an		
Medical Event	Services You May Need	In-network Provider	Out-of-network Provider	Limitations & Exceptions
	Imaging (MRI/CT Scans) PET Scans	20% after deductible	Not Covered	Precertification required. There is no additional cost for diagnostic services received in the Emergency Room or during a doctor's office visit.
If you need drugs to	Generic drugs: Original Prescription and One Refill at Retail; additional fills through Mail Order Only or by using CVS Pharmacy only. Generic Step Therapy Applies. Must use Generic drug first if available.	20% after deductible	none	Contraceptives – Generic and Single Source Brands until Generic is available covered at 100%
treat your illness or condition Prescription Drugs are available through Independence Blue Cross – FutureScripts Only. You can order prescriptions by visiting www.ibx.com or by calling 1-888-678-7012.	Preferred brand drugs Original Prescription and One Refill at Retail; additional fills through Mail Order Only or by using CVS Pharmacy only. Generic Step Therapy Applies. Must use Generic drug first if available.	20% after deductible	none	Contraceptives – Generic and Single Source Brands until Generic is available covered at 100%
	Non-preferred brand drugs Original Prescription and One Refill at Retail; additional fills through Mail Order Only or by using CVS Pharmacy only. Generic Step Therapy Applies. Must use Generic drug first if available.	20% after deductible	none	Contraceptives – Generic and Single Source Brands until Generic is available covered at 100%
	Specialty Drugs – Through BriovaRx Only. Dispensed in 30-day supply. Specialty Step Therapy applies.	20% after deductible	Not Covered	

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Common	Services You May Need	Your cost if you use an		rian type: closed t uncit the
Medical Event		In-network Provider	Out-of-network Provider	Limitations & Exceptions
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% after deductible	Not Covered	Some outpatient surgeries require precertification. A complete list of surgeries requiring precertification in available www.ibx.com/preapproval .
	Physician/surgeon fees	20% after deductible	Not Covered	Some outpatient surgeries require precertification. A complete list of surgeries requiring precertification in available www.ibx.com/preapproval .
	Emergency room services	20% after deductible	\$275 Copayment; No Deductible	
If you need immediate medical attention	Emergency medical transportation	20% after deductible	Not covered	Precertification is required for all non- emergency services.
	Urgent care	20% after deductible	Not Covered	
	Minute Clinic/Take Care Clinic MD LIVE (Telemedicine)	20% after deductible	Not Covered	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% after Deductible	Not Covered	If your plan includes a copay for these services, your copay will be waived if you are readmitted to the hospital within 10 days of discharge. If your plan covers these services with coinsurance, your costs will not be waived if you are readmitted.
	Physician/surgeon fee	20% after Deductible	Not Covered	Precertification required

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Common		Your cost if you use an		
Medical Event	Services You May Need	In-network Provider	Out-of-network Provider	Limitations & Exceptions
Behavior Health and Substance Abuse Benefits are	Mental/Behavioral Health/Substance Abuse outpatient services including Individual, Group, Family routine psychotherapy, medication management office visits.	20% after deductible		
provided through Independence Blue Cross; visit www.ibx.com. EAP services offered	Mental/Behavioral Health/Substance Abuse inpatient services including, acute inpatient care, residential, supervised living, partial hospitalization and intensive outpatient programs.	20% after deductible		
through Carebridge				
by calling 1-800-437- 0911 or www.myliferesource. com Access Code ADC53	Certain outpatient care requires prior authorization including, Intensive Outpatient Program, electroconvulsive treatment, psychological testing, hypnotherapy, biofeedback, treatment not consistent with usual practices.	20% after deductible		Prior authorization applies
If you are progrant	Prenatal and postnatal care	20% after deductible	Not Covered	Your cost is for first OB visit only.
If you are pregnant	Delivery and all inpatient services	20% after deductible	Not Covered	Pre-notification requested.

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Common	Services You May Need	Your cost if you use an		
Medical Event		In-network Provider	Out-of-network Provider	Limitations & Exceptions
If you need help recovering or have other special health needs	Home health care	20% after deductible	Not Covered	Precertification required.
	Rehabilitation services	20% after deductible	Not Covered	Speech, Physical & Occupational Therapy; 60 visits per benefit period; Precertification required for speech therapy.
	Habilitation services	20% after deductible	Not Covered	Speech, Physical & Occupational Therapy; 60 visits per benefit period; Precertification required for speech therapy
	Skilled nursing care	20% after deductible	Not Covered	120-day limit per benefit period. Precertification required.
	Durable medical equipment	20% after deductible	Not Covered	Precertification required for purchases (including repairs and replacements) over \$500 and all rentals.
	Hospice service	20% after deductible	Not Covered	Precertification required.
If you or dependent child needs dental or eye care	Eye exam	Davis Vision \$0 copay	Not Covered	Benefit Frequency 1x per calendar year
	Glasses	Davis Vision \$0- \$25 copay or \$130 toward selection	Not Covered	Benefit Frequency 1x per calendar year
	Dental check-up	Not Covered	Not Covered	none

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Weight Loss Programs (Bariatric Surgery covered at 50%; no OOP Maximum)
- Cosmetic Surgery
- Infertility Treatment
- Routine Foot Care

- Dental Care
- Long-term Care
- Hearing Aids

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Bariatric Surgery (covered at 50%; no OOP Maximum)
- Private Duty Nursing

- Chiropractic Care
- Most Coverage provided outside the United States. See www.ibx.com
- Non-emergency care when travelling outside the United States.

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-888-671-5276. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If your health plan is subject to Employee Retirement Income Security Act (ERISA) requirements, you may contact the U.S. Dept. of Labor Employee Benefits Security Administration at 866-444-3272, and following an appeal, you may have the right to bring a civil suit under Section 502(a) of the Act.

Minimum Value Standard

A basic standard to measure the percent of permitted costs the <u>plan</u> covers. If you're offered an employer <u>plan</u> that pays for at least 60% of the total allowed costs of benefits, the <u>plan</u> offers minimum value and you may not qualify for <u>premium tax credits</u> and <u>cost sharing reductions</u> to buy a <u>plan</u> from the <u>Marketplace</u>.

Minimum Essential Coverage

Health coverage that will meet the <u>individual responsibility requirement</u>. Minimum essential coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicare, Medicare, and certain other coverage.

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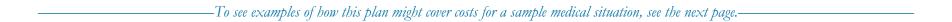
Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-ASK-BLUE

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-ASK-BLUE

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-ASK-BLUE

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-ASK-BLUE



Coverage Examples

Coverage Period: 01/01/2019 through 12/31/2019

Coverage for: Individual/ EE + Child/ EE + Spouse/ Family | Plan Type: Closed Panel PPO

Managing Joe's type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,40
■ Specialist copayment	20%
■ Hospital (facility) [cost sharing]	20%
Other [hospital copay cost sharing]	0

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education); Specialist Office Visits Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (alucose meter)

Total Example Cost	\$7,400		
In this example, Joe would pay:			
Cost Sharing			
Deductibles	\$2,400		
Copayments			
Coinsurance	20%		
What isn't covered			
Limits or exclusions	\$0		
The total Joe would pay is	\$2,125		

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,40
■ Specialist copayment	20%
■ Hospital [cost sharing]	20%
Other [hospital copay cost sharing]	0

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$1,900
In this example, Mia would pay:	
Cost Sharing	
Deductibles	\$2,400
Copayments	
Coinsurance	20%
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,900

Peg is having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$2,400
■ Specialist [cost sharing]	20%
■ Hospital (facility) [cost sharing]	20%
Other [hospital copay cost sharing]	0

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

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Total Example Cost	\$12,800
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$2,400
Copayments	
Coinsurance	20%
What isn't covered	
Limits or exclusions	\$0
The total Peg would pay is	\$3,640

The plan would be responsible for the other costs of these EXAMPLE covered services.

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Questions: Visit Health Advocate at www.HealthAdvocate.com/members or call 866-695-8622.

If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at www.ibx.com or call 1-800-ASK-BLUE to request a copy.

\$42 OAA

Coverage Examples

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork providers. If the patient had received care from out-of-network providers, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **co-insurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge,

and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket.